Common Mistakes

| Common Phrases | Conscious Phrases (What to say instead) |
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| "You are angry." | "You seem angry." |
| "Tell me why you are angry." | "Something happened?" |
| "Are you okay?" | "You fell down and bumped your elbow. That must have hurt." |
| "Thank you for cleaning up." | "You picked up all of the toys so others can find them later. That was helpful." |
| "Would you please come to circle?" | "It's circle time. Come sit on the floor like this (demonstrate) or like this (demonstrate)." |
| "Do you want to talk about what's wrong?" | "You seem sad. Something must have happened. You're safe. You can talk to me when you are ready." |
| "Is something wrong? Do you feel alright?" | "Your body is hunched over and your face seems sad. Something happened?" |
| "Are you cleaning up? What are you supposed to be doing? I don't see you cleaning up." | Tell children what to do and give usable information. |
| "Stop hitting!" | "You wanted, so you You may not," etc. |
| "Don't talk when I am talking." | "Wait until I am finished, and I will be happy to listen to you." |
| "Don't make me have to" | "I'm going to" |
| "Go over there and think about what you did wrong." | "Think about what you could do right now that would be helpful." |
| "You are disrupting the class, group, reading," etc. | "Is Mary's talking bothering anyone? Then tell Mary, 'Please be quiet so we could hear?'" |
| "What is our rule about tattling?" | "Are you telling me to be helpful or hurtful?" |
| "How did that make you feel?" | "Did you like it?" |

